WPATH Guidelines

- -Age of majority (<18)
- -Hormone therapy for 12 consecutive months unless medically contraindicated
- -Living in gender role full time for minimum of 12 consecutive months
- -Demonstrated the capacity to make a fully informed decision and consent for treatment and the ability to comply with medical instruction
- -Demonstrated understanding of surgery and the implications of this irreversible step
- -Stable mental health, sufficiently self-aware, and successfully managing identified issues with depression



https://wpath.org/